



## Overview

Dilution: None. Use 1:1 for extremely sensitive skin.

Melaleuca Alternifolia (Tea Tree) therapeutic-grade essential oil (EO) is best known for the use on fungal and viral infections of many skin conditions. It has anti-inflammatory, antiseptic, antiviral, antifungal, antibacterial and anti-parasitic qualities. Often times it is helpful to diffuse the oil to reduce airborne germs, bacteria and viruses.

## Common Uses, Applications & Tips

- Tea Tree can be used for an insect repellent. It is found in Young Living's Purification therapeutic-grade essential oil blend. Use Purification alone or with Idaho Tansy\*. Make your own by adding 5 drops of each EO to 12 oz water: Melaleuca Alternifolia, Citronella, Rosemary, Lemongrass and Myrtle.

\* *Idaho Tansy should not be used if the person or animal is pregnant and/or epileptic.*

### Anti-Inflammatory

Naturally reduces swelling and inflammation for irritated skin from fungal or viral conditions. It is often used for abscesses, sinus congestion, colds.

- Add 10 drops EO and ½ cup of Epsom salt to bath water. Add 5-10 drops of lavender EO or your favorite EO to create a pleasing aroma.
- Horses with abscesses, add 10 drops EO and ½ cup of Epsom salt to 4 gallons of warm water. Soak for 15 minutes. (Alternative option; add 5 drops each EO, Tea Tree and Thieves)
- Add 5-10 drops EO per 8 oz of water to make flora spray (great for use on animals with issues such as rain rot or ringworm).
- Apply 1-3 drops EO to palm of hand and distribute between back of neck, sinus cavities and temples for headaches. Keep away from eyes.

### Anti-Infectious

Melaleuca Alternifolia is one of the strongest therapeutic-grade essential oils that has anti-parasitic, antiviral, antifungal, & antibacterial properties. Helps reduce the spread of and outbreak of infections.

- Add 1-3 drops EO to bottom of each foot.
  - For horses add 2-4 drops EO to the cornet band of each foot.
  - For dogs add EO to pads of feet. Large dogs 60# or more, 1 drop OE/foot. Adjust accordingly for the size of the dog. Reduce number of feet oil is applied to as necessary.
- Diffuse in areas of home, office or barn, where infectious disease is present.
- Bath cats or dogs with Tea Tree for flea & tick issues. Apply Purification EO after bath.
  - Cats & toy-sized dogs: 1 drop EO with 3 tablespoons Epsom Salt in 3 gallons of water.
  - Dogs, Large (50# +): 10 drops EO with 1/2 cup Epsom Salt in 5-8 gallons of water.
  - Dogs, Small (20# +): 5 drops EO with 1/3 cup Epsom salt in 5 gallons of water.



## Tea Tree *Melaleuca Alternifolia*

### Respiratory Health

Melaleuca Alternifolia can help prevent or reduce impact of respiratory infections such as sinusitis, congestion and common colds.

- Diffuse in room to allow for inhalation of Tea Tree EO.
- Add 2-5 drops to hand and rub along bottom side of horse's neck. You may want to add drops to noseband of halter or around front of stall where the horse would have their head.
- Place 1-3 drops EO in hand and rub along bottom side of neck and chest of dog weighing 30 pounds or more. Adjust accordingly based on animal's weight.

### Skin Conditions

Irritation caused by ringworm, athlete's foot, thrush (mouth and hoof of horse), and itchy skin can be reduced with Melaleuca Alternifolia. It can be very beneficial when used for fungal, yeast and viral infections.

- Apply OE direct topically to affected areas of skin.
- Add 10 drops EO and ½ cup of Epsom salt to bath water.
- Spray animals with flora water: 5-10 drops EO to 8 oz. of water.
- Bath horse with Tea Tree and lavender if infected with a fungal or viral infection. Add 10 drops EO to 3-5 gallons of water.

### Guidelines, Cautions & Warnings

- Young Living brand therapeutic-grade Melaleuca Alternifolia essential oil is not intended for use with children under four years of age or baby animals.
- Dilution: Some essential oils can be irritating to the skin and may be suggested to dilute. Use a neutralizing oil such as V-6 Vegetable mixing oil, vegetable oil, olive oil or a similar product.
- Dilution Ratios: First number is the number of drops used of the essential oil and the second number is for the neutralizing oil.
- The information provided based on using Young Living therapeutic-grade essential oils only. Be cautious of oils that are just for aromatic use. These cannot be ingested & do not have therapeutic qualities. They may be poisonous & dangerous if used in the manners described above.
- The statements have not been evaluated by the Food and Drug Administration. The information provided is not intended to diagnose, treat, cure or prevent any disease and is not a substitute for proper medical care. Contact your medical provider or veterinarian to discuss proper treatment.

#### References:

Complete Holistic Care & Healing for Horses, Mary L Brennan DVM. 300 Herbs: Their Indications & Contraindications, Mathew Alfs. Essential Oils Desk Reference Third Edition, Compiled by Essential Science Publishing.